

# SCHOOL CLOTHES?

## OR FOOD.

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It's a choice no one should have to make.



In King County alone, more than 70,000 people are forced to make choices like this. Every single day. Imagine having to choose between medicine for your kids, or food for the week.

At the Emergency Feeding Program of Seattle and King County, we're making sure no family ever has to make this choice. We also understand that food

alone isn't enough, which is why along with nutritionally balanced meals, we also provide resource counseling to help people in need move towards independence.

To learn more about our feeding program or to find out how you can help, give us a call at: (800) 000-0000, or visit us at: [emergencyfeeding.org](http://emergencyfeeding.org).

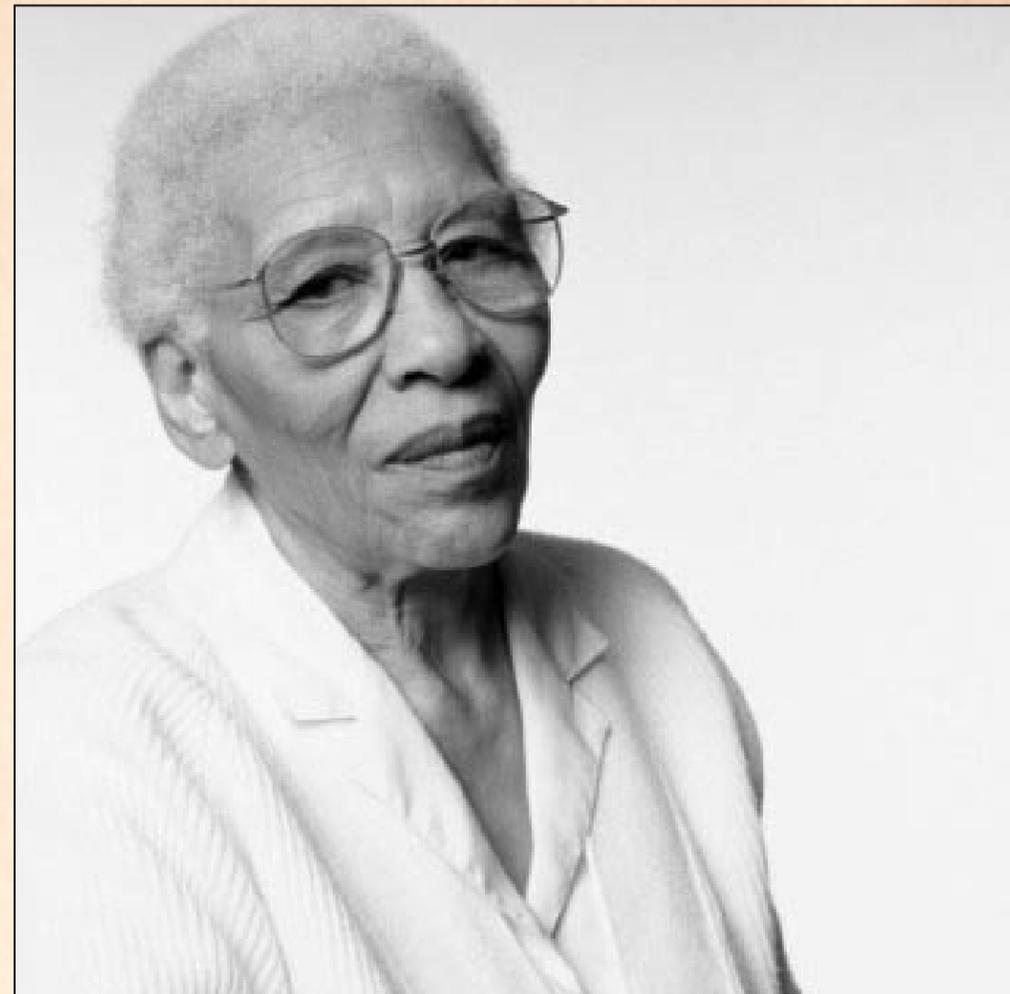
EMERGENCY  
FEEDING PROGRAM  
OF SEATTLE & KING COUNTY

# HEAT FOR JANUARY?

## OR FOOD.

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EMERGENCY  
FEEDING PROGRAM  
OF SEATTLE & KING COUNTY

# A WARM JACKET?

# OR FOOD.

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